

THE
DANIEL
PRAYER

PRAYER THAT MOVES HEAVEN
AND CHANGES NATIONS

FACILITATOR'S GUIDE

SIX SESSIONS

ANNE
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LOTZ

 ZONDERVAN®



ZONDERVAN

The Daniel Prayer Facilitator's Guide

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Published in association with the literary agency of Alive Communications, Inc., 7680 Goddard Street, Suite 200, Colorado Springs, CO 80920. www.alivecommunications.com

Cover design: Studio Gearbox

Cover photography: Comstock/Getty Images®

Interior design: CrosslinCreative.com

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THANK YOU

Thank you for serving as the facilitator for the participants who will join you in this study. While I will have the privilege of speaking to them through the video series, your leadership is essential. Your thoughtful and loving guidance will encourage them to consistently do their Bible study during the week and feel comfortable sharing their discoveries in your group. Please be assured that I, and others on this curriculum development team, have been praying for you.

I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy because of your partnership in the gospel from the first day until now, being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus. (Philippians 1:3–6)

As you lead others to develop a more effective prayer life, I pray that you will experience the fullness of God's blessing and that you, too, will discover how to pray in a manner that moves Heaven and changes nations.

For His Glory,

A handwritten signature in black ink, reading "Chue Sabauhote". The signature is written in a cursive, flowing style with a large initial "C" and a long, sweeping underline.

FOR STARTERS

Please take a few minutes to read this helpful information before you begin *The Daniel Prayer* study. It should answer most of the questions you may have.

WHAT'S ON THE DVD?

The accompanying DVD features the following components:

- An interactive workshop in session 1 led by Anne Graham Lotz that describes the Bible study method participants will be using.
- Five additional video sessions with Anne that focus on preparing for prayer, prompting in prayer, pleading in prayer, prevailing in prayer, and battling against the enemy in prayer.
- Additional resources and materials (in pdf and jpg format) to help you promote the course and let people know the topics to be covered.

WHAT OTHER MATERIALS ARE NEEDED?

The following materials will be needed for a successful small group time:

- A computer with monitor or a television with a DVD player
- A watch, clock, or cellphone with alarm (to monitor the time)
- *The Daniel Prayer Study Guide* (one per group member)
- *The Daniel Prayer Video Study*
- A Bible (one per group member)
- Pens or pencils (enough for everyone)
- Optional: *The Daniel Prayer* book by Anne Graham Lotz (recommended for leaders, but optional for participants)

WHAT ARE THE TWO TRACKS FOR THIS STUDY?

There are two approaches you can use for the weekly meetings based on your group dynamics:

- **Main Study:** For the main track, the group members will study five days' worth of Bible study readings using the approach outlined in the Bible Study Workshop. You will then lead them in a discussion of portions of these passages, watch the video, go through the more extensive discussion questions, and close with a Choices activity that the members will do together. This track is ideal for more comprehensive group studies with extended meeting times.
- **Simplified and Abbreviated Study:** For the alternate track, the group members will study only a few key verses in their group each session, and no homework assignments will be required. You will then lead them in a discussion of these passages, watch the video, and go through the condensed discussion questions. This track is ideal for groups with more limited meeting time, such as a workplace lunchtime setting.

Note: The session 1 Bible Study Workshop demonstrates the Bible study method to be used for both options.

GOOD TO KNOW

Here are a few additional items to keep in mind as you lead your group:

- **Your Role as Facilitator:** As the facilitator, your role is to take care of your guests by managing the behind-the-scenes details so that when everyone arrives, they can just enjoy their time together. Your role is *not* to answer all the questions or reteach the content—the video and study guide will do much of the work. You want to guide the group and make it a place where people can process, question, and reflect on the Bible readings and the teachings.

- **Setting and Time:** This study can work equally well in church or home groups. The first session is planned to be 90 minutes in length, while the subsequent sessions are approximately 60 minutes (or 45 minutes for the alternate track). In more formal, time-sensitive church settings, you will likely need to follow the time frames provided in the session outline more closely in order to finish all the content. In less formal home settings, you can “round off” time frames and still end up with about an hour of study material. In either case, remember these are suggested time frames and are open to adjustment as you see fit.
- **Hospitality:** Regardless of where you conduct the study, create an environment that is conducive to sharing and learning. Make sure there is enough comfortable seating for everyone and, if possible, arrange the seats in a semi-circle so everyone can see the video. This will make the transition between the video and group conversation more natural. Consider offering simple refreshments to create a welcoming atmosphere, and make sure your media technology is working properly before the session begins.

WEEKLY PREPARATION

As the facilitator, there are a few things you may want to do to prepare for each meeting:

- **Read through the lesson:** This will help you to become familiar with the content and know how to structure the discussion times.
- **Decide which questions you want to discuss:** Depending on the track you follow and how you structure your group time, you may not be able to cover every question in the group discussion section. Select the questions ahead of time that you absolutely want the group to discuss in depth.
- **Be familiar with the questions you want to discuss:** When the group meets you will be watching the clock, so make sure you are familiar with the study questions you have selected.

- **Pray for your group:** Pray for your group members by name throughout the week and ask God to lead them as they study His Word.
- **Bring extra supplies to your meeting:** The group members should bring their own pens for writing notes, but it's a good idea to have extras available for those who forget. You may also want to bring additional paper and Bibles.

GROUP DYNAMICS

Leading a group is highly rewarding, but that doesn't mean you will not encounter any challenges along the way. Discussions can get off track. Group members may not be sensitive to the ideas of others. Some may express comments that result in disagreements. To help ease this strain on you and the group, consider the following ground rules:

- **Off topic:** When someone raises a question or comment that is off the main topic, suggest you deal with it another time, or, if you feel led to go in that direction, let the group know you will be spending some time discussing it.
- **Don't know the answer:** If someone asks a question you don't know how to answer, admit it and move on. At your discretion, feel free to invite group members to comment on questions that call for personal experience.
- **Dominating discussion:** If you find one or two people are dominating the discussion time, direct questions to others in the group. Outside the group time, ask the more dominating members to help you draw out the quieter ones. Work to make them a part of the solution instead of the problem.
- **Disagreements:** When a disagreement occurs, encourage group members to process the matter in love. Have those on opposite sides restate what they heard the other side say about the matter, and then invite each side to evaluate if that perception is accurate. It's most important that the answers given are based on the passages of Scripture studied.

When these situations arise, guide your group to follow the words from the Bible: "Love one another" (John 13:34), "As far as it depends on you, live at peace with everyone" (Romans 12:18), and "Be quick to listen, slow to speak and slow to become angry" (James 1:19).

SESSION 1



For the best experience in facilitating this study, it's important to preview the video for session 1 and complete all the written exercises in this study guide prior to leading your group. Familiarize yourself with the session outline and gather the necessary materials. Pray for the participants by name (if known). Pray Ephesians 1:17–18 for them, that God will open their hearts to His Word, and they will get to know Him better as a result of the Spirit's revelation.

SESSION OUTLINE (90 MINUTES)

- I. Introduction/Opening Prayer (5 minutes)
- II. Explanation of Bible Study Sessions (3 minutes)
- III. Video Teaching and Group Work (77 minutes)
 - A. Opening and Teaching on Steps 1–2 (14 minutes)
 - B. Group Work on Steps 1–2 (8 minutes)
 - C. Review of Steps 1–2 and Teaching on Step 3 (2 minutes)
 - D. Group Work on Step 3 (15 minutes)

- E. Review of Step 3 and Teaching on Step 4 (13 minutes)
- F. Group Work on Step 4 (5 minutes)
- G. Review of Step 4 and Teaching on Step 5 (12 minutes)
- H. Group Work on Step 5 (2 minutes)
- I. Review of Step 5 and Closing (6 minutes)

IV. Wrapping Up and Next Steps (5 minutes)

INTRODUCTION/OPENING PRAYER (5 MINUTES)

Take a few moments as this opening session begins to introduce yourself to anyone in the group you do not know and give your contact information. If it can be done quickly, ask the participants to introduce themselves. It may be helpful in a larger group to provide nametags. To save time, you can have the nametags pre-printed with their names on one side, and your name and contact information on the other side. Ensure the participants have a copy of the study guide. Pray that God would use the coming hour to help everyone present to become more effective students and doers of His Word.

EXPLANATION OF BIBLE STUDY SESSIONS (3 MINUTES)

Explain that this first session in *The Daniel Prayer* is unique, as Anne will describe a method for studying the Bible that the participants will use during their personal quiet time throughout the study. Ask them to turn to page 20 in their study guide and follow along. (Note: If you are following the alternate track, it will serve as the basis for discussion.) During this opening session, which will be approximately 90 minutes in length, the group members will watch the video and complete the work found on pages 22–23.

VIDEO TEACHING AND GROUP WORK (77 MINUTES)

Show the video, following the instructions given by Anne during the session. Note that you will be stopping the video periodically for the participants to complete each of the steps.

WRAPPING UP AND NEXT STEPS (5 MINUTES)

Tell the group members that next week they will begin to explore the Daniel Prayer by studying what is needed to prepare for prayer. If you are following the main track, refer group members to the Pre-Session Bible Study found on pages 28–37, which describes the Bible study assignment for session 2, and ask them to complete the studies before the next session. (If you are following the alternate track, refer the group members to pages 118–119 and ask them to read the passage before the next session.) Close your time in prayer.

MAIN BIBLE STUDY TRACK

For the main track, your group members will study five days' worth of selected Scripture readings in their study guides between the weekly meetings. At the start of each session, you will lead a short review of the facts, lessons, and most meaningful questions they drew from the passage they studied. You will then play the video (with the group members taking notes), discuss the questions listed for this track, and lead a short "Choices" activity. To use this track, your meeting time must be a least **60 minutes** in order to cover all the necessary material.

Note: For this track, passages outside of Daniel are used. They have been selected because they underscore the theme for that week's particular study:

- SESSION 2:** PREPARING FOR PRAYER MATTHEW 6:5–18
- SESSION 3:** PROMPTING IN PRAYER 2 CHRONICLES 6:40–7:22
- SESSION 4:** PLEADING IN PRAYER NEHEMIAH 1:1–2:9
- SESSION 5:** PREVAILING IN PRAYER 2 CHRONICLES 20:1–30
- SESSION 6:** BATTLING IN PRAYER EPHESIANS 6:10–20

SESSION 2



Preview the video for session 2 before your meeting and complete all the written exercises in the study guide. If possible, read the introduction and chapter 1 of *The Daniel Prayer* for more background information on the teaching covered during the session. Familiarize yourself with the session outline and gather the necessary materials. Remember also to pray for the participants who will be attending, asking God to help them as they go through the steps on preparing for prayer.

SESSION OUTLINE (60 MINUTES)

- I. Review of Pre-Session Bible Study (15 minutes)
 - A. Study 1: Matthew 6:5
 - B. Study 2: Matthew 6:6
 - C. Study 3: Matthew 6:7–8
 - D. Study 4: Matthew 6:9–13
 - E. Study 5: Matthew 6:14–18

II. Video Teaching (18 minutes)

- A. A prepared place to pray . . .
- B. A prepared time to pray . . .
- C. A prepared atmosphere for prayer . . .
- D. A prepared attitude for prayer . . .

III. Group Discussion (17 minutes)

- A. What is the “Daniel Prayer”? How is it different from other kinds of prayer?
- B. What is the best place for you to meet God each day in prayer?
- C. What is the best time for you to set aside for prayer?
- D. How can you create an atmosphere that is more conducive for prayer?
- E. What are some ways you can cultivate an attitude of gratitude when you come to God in prayer?

IV. Choices Activity (5 minutes)

V. Wrapping Up and Moving Forward (5 minutes)

REVIEW OF PRE-SESSION BIBLE STUDY (15 MINUTES)

Welcome any new participants, and then refer the group to their notes on pages 28–37.

As time allows, have one member share the **facts** he or she drew from each verse (Step 2). Then have several different members share the following:

- The **lessons** they learned from each verse (Step 3).
- The most meaningful **question** they wrote out in response to Step 4, citing the verse on which the question was based.
- Their outstanding **takeaway** in Step 5.

VIDEO TEACHING (18 MINUTES)

Watch the teaching video for session 2. Refer the group members to the outline on page 38 and remind them there is space to take notes.

GROUP DISCUSSION (17 MINUTES)

Refer to the Group Discussion questions on pages 38–39 to stimulate discussion on the topics presented during the video teaching. Ask the group members to share any personal encouragement, challenge, or inspiration they received as they watched.

CHOICES ACTIVITY (5 MINUTES)

Ask group members to think back on how they responded to the passage of Scripture they studied this week. Encourage them to take a few minutes to complete the Choices activity found on page 39 as a way of making sure they are not just “hearers” but “doers” of the Word.

WRAPPING UP AND MOVING FORWARD (5 MINUTES)

Conclude by asking the group members to write out their prayers to God on page 41, expressing their gratitude to the Lord in spite of the challenges or trials they are facing. Refer them to the Pre-Session Bible Study found on pages 46–55, which describes the Bible study assignment for session 3. Remind them to read the passage and complete the studies before the next session. Close in prayer.

SESSION 3



Preview the video for session 3 before your meeting and complete all the written exercises in the study guide. If possible, read chapters 2 and 3 of *The Daniel Prayer* for more background information on the teaching covered during the session. Familiarize yourself with the session outline and gather the necessary materials. Remember also to pray for the participants who will be attending, asking God to help them as they go through the steps on being prompted to pray the Daniel Prayer.

SESSION OUTLINE (60 MINUTES)

- I. Review of Pre-Session Bible Study (13 minutes)
 - A. Study 1: 2 Chronicles 6:40–42
 - B. Study 2: 2 Chronicles 7:1–6
 - C. Study 3: 2 Chronicles 7:7–10
 - D. Study 4: 2 Chronicles 7:11–16
 - E. Study 5: 2 Chronicles 7:17–22

II. Video Teaching (22 minutes)

- A. Compelled by . . .
 1. Problems in the world
 2. Promises in God's Word
- B. Centered on God . . .
 1. Privately
 2. Sincerely
 3. Desperately
 4. Humbly

III. Group Discussion (15 minutes)

- A. What situations in your life or in the world have motivated you to pray?
- B. What are some promises God has given to you in His Word that you have claimed relating to the above situation?
- C. What does it mean to “hold God to His Word” in prayer?
- D. What helps you to stay centered on God when you pray?
- E. How does humility play a part in praying the Daniel Prayer?

IV. Choices Activity (5 minutes)

- V. Wrapping Up and Moving Forward (5 minutes)

REVIEW OF PRE-SESSION BIBLE STUDY (13 MINUTES)

Welcome any new participants, and then refer the group to their notes on pages 46–55. As time allows, have one member share the **facts** he or she drew from each verse (Step 2). Then have several different members share the following:

- The **lessons** they learned from each verse (Step 3).
- The most meaningful **question** they wrote out in response to Step 4, citing the verse on which the question was based.
- Their outstanding **takeaway** in Step 5.

VIDEO TEACHING (22 MINUTES)

Watch the teaching video for session 3. Refer the group members to the outline on page 56 and remind them there is space to take notes.

GROUP DISCUSSION (15 MINUTES)

Refer to the Group Discussion questions on page 57 to stimulate discussion on the topics presented during the video teaching. Ask the group members to share any personal encouragement, challenge, or inspiration they received as they watched.

CHOICES ACTIVITY (5 MINUTES)

Ask group members to think back on how they responded to the passage of Scripture they studied this week. Encourage them to take a few minutes to complete the Choices activity found on pages 57–58 as a way of making sure they are not just “hearers” but “doers” of the Word.

WRAPPING UP AND MOVING FORWARD (5 MINUTES)

Conclude by asking the group members to write out their prayers to God on page 59, focusing on the promises from the Bible that they need to pray back to the Lord. Refer them to the Pre-Session Bible Study found on pages 64–73, which describes the Bible study assignment for session 4. Remind them to read the passage and complete the studies before the next session. Close in prayer.

SESSION 4



Preview the video for session 4 before your meeting and complete all the written exercises in the study guide. If possible, read chapters 4–6 of *The Daniel Prayer* for more background information on the teaching covered during the session. Familiarize yourself with the session outline and gather the necessary materials. Remember also to pray for the participants who will be attending, asking God to help them as they go through the steps on pleading in prayer.

SESSION OUTLINE

- I. Review of Pre-Session Bible Study (13 minutes)
 - A. Study 1: Nehemiah 1:1–3
 - B. Study 2: Nehemiah 1:4–11
 - C. Study 3: Nehemiah 2:1–3
 - D. Study 4: Nehemiah 2:4–6
 - E. Study 5: Nehemiah 2:7–9

II. Video Teaching (25 minutes)

- A. Pleading with confidence based on your covenant relationship with God . . .
- B. Pleading with confidence based on God's character . . .
 - 1. God's faithfulness
 - 2. God's righteousness
 - 3. God's goodness
 - 4. God's greatness
- C. Pleading with contrition . . .
- D. Pleading with clarity . . .

III. Group Discussion (13 minutes)

- A. What are some of the ways you can build your confidence in God?
- B. When was a time God demonstrated His faithfulness and/or His goodness to you?
- C. When was a time God demonstrated His righteousness and/or His greatness to you?
- D. What is your reaction to the "list of sins" mentioned in the video?
- E. What are you asking God for?

IV. Choices Activity (5 minutes)

V. Wrapping Up and Moving Forward (4 minutes)

REVIEW OF PRE-SESSION BIBLE STUDY (13 MINUTES)

Refer the group to their notes on pages 64–73. As time allows, have one member share the **facts** he or she drew from each verse (Step 2). Then have several different members share the following:

- The **lessons** they learned from each verse (Step 3).
- The most meaningful **question** they wrote out in response to Step 4, citing the verse on which the question was based.
- Their outstanding **takeaway** in Step 5.

VIDEO TEACHING (25 MINUTES)

Watch the teaching video for session 4. Refer the group members to the outline on page 74 and remind them there is space to take notes.

GROUP DISCUSSION (13 MINUTES)

Refer to the Group Discussion questions on page 75 to stimulate discussion on the topics presented during the video teaching. Also ask group members to review the “List of Sins” mentioned by Anne during the teaching (pages 147–149). Ask them to share any personal encouragement, challenge, or inspiration they received as they watched the video.

CHOICES ACTIVITY (5 MINUTES)

Ask group members to think back on how they responded to the passage of Scripture they studied this week. Encourage them to take a few minutes to complete the Choices activity found on pages 75–76 as a way of making sure they are not just “hearers” but “doers” of the Word.

WRAPPING UP AND MOVING FORWARD (4 MINUTES)

Conclude by asking the group members to write out their prayers to God on page 77, focusing on what they need to do to plead in prayer. Refer them to the Pre-Session Bible Study found on pages 82–91, which describes the Bible study assignment for session 5. Remind them to read the passage and complete the studies before the next session. Close in prayer.

SESSION 5



Preview the video for session 5 before your meeting and complete all the written exercises in the study guide. If possible, read chapters 7–9 of *The Daniel Prayer* for more background information on the teaching covered during the session. Familiarize yourself with the session outline and gather the necessary materials. Remember also to pray for the participants who will be attending, asking God to help them as they go through steps on prevailing in prayer.

SESSION OUTLINE

- I. Review of Pre-Session Bible Study (15 minutes)
 - A. Study 1: 2 Chronicles 20:1–4
 - B. Study 2: 2 Chronicles 20:5–12
 - C. Study 3: 2 Chronicles 20:13–19
 - D. Study 4: 2 Chronicles 20:20–23
 - E. Study 5: 2 Chronicles 20:24–30

II. Video Teaching (18 minutes)

- A. God answers prayer immediately . . .
- B. God answers prayer ultimately . . .
- C. God answers prayer specifically . . .

III. Group Discussion (17 minutes)

- A. What does it mean to you personally to prevail in prayer?
- B. What are some ways that you have seen God answer your prayers immediately?
- C. How has God answered your prayer ultimately? How long did you seek God in prayer before the answer came to you?
- D. In what situations have you seen God answer prayer specifically?
- E. What helps you not to be discouraged and give up when prevailing in prayer?

IV. Choices Activity (5 minutes)

V. Wrapping Up and Next Steps (5 minutes)

REVIEW OF PRE-SESSION BIBLE STUDY (15 MINUTES)

Refer the group to their notes on pages 82–91. As time allows, have one member share the **facts** he or she drew from each verse (Step 2). Then have several different members share the following:

- The **lessons** they learned from each verse (Step 3).
- The most meaningful **question** they wrote out in response to Step 4, citing the verse on which the question was based.
- Their outstanding **takeaway** in Step 5.

VIDEO TEACHING (18 MINUTES)

Watch the teaching video for session 5. Refer the group members to the outline on page 92 and remind them there is space to take notes.

GROUP DISCUSSION (17 MINUTES)

Refer to the Group Discussion questions on pages 92–93 to stimulate discussion on the topics presented during the video teaching. Ask the group members to share any personal encouragement, challenge, or inspiration they received as they watched.

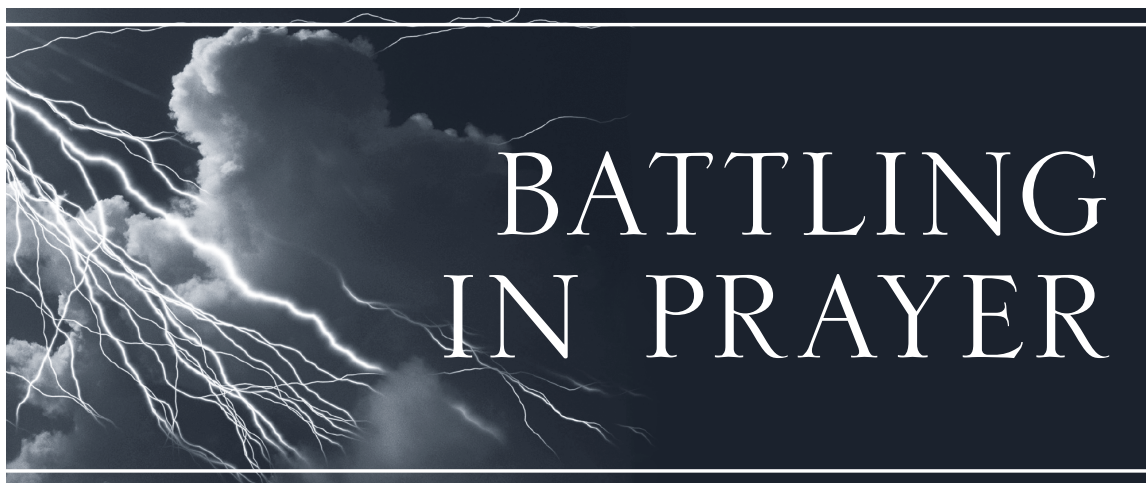
CHOICES ACTIVITY (5 MINUTES)

Ask group members to think back on how they responded to the passage of Scripture they studied this week. Encourage them to take a few minutes to complete the Choices activity found on page 93 as a way of making sure they are not just “hearers” but “doers” of the Word.

WRAPPING UP AND MOVING FORWARD (5 MINUTES)

Conclude by asking the group members to write out their prayers to God on page 95, focusing on what they need to do to prevail in prayer. Refer them to the Pre-Session Bible Study found on pages 100–109, which describes the Bible study assignment for session 6. Remind them to read the passage and complete the studies before the next session. Close in prayer.

SESSION 6



For this final session, once again preview the video before your meeting and complete all the written exercises in the study guide. If possible, read the epilogue in *The Daniel Prayer* for more background information on the teaching covered during the session. Familiarize yourself with the session outline and gather the necessary materials. Remember also to pray for the group members who will be attending, asking God to help them view prayer as a battle in which they must take an active part.

SESSION OUTLINE (60 MINUTES)

- I. Review of Pre-Session Bible Study (15 minutes)
 - A. Study 1: Ephesians 6:10–11
 - B. Study 2: Ephesians 6:12–13
 - C. Study 3: Ephesians 6:14–15
 - D. Study 4: Ephesians 6:16–17
 - E. Study 5: Ephesians 6:18–20

II. Video Teaching (25 minutes)

- A. The battle is serious . . .
- B. Our armor is serious . . .
 - 1. Belt of truth
 - 2. Breastplate of righteousness
 - 3. Sandals of the gospel of peace
 - 4. Shield of faith
 - 5. Helmet of salvation
 - 6. Sword of the spirit
 - 7. Weapon of prayer
- C. The battle is subtle . . .
- D. The battle is spiritual . . .

III. Group Discussion (10 minutes)

- A. How does it change your view of prayer when you see it as a spiritual battle?
- B. What are some subtle things the enemy does to try to keep you from praying?
- C. How does the enemy try to convince you the battle is not serious?
- D. Why is it critical to wrap yourself in God's Word before confronting the enemy?
- E. In what ways does the Word of God serve as your weapon in the fight?

IV. Choices Activity and Wrapping Up (10 minutes)

REVIEW OF PRE-SESSION BIBLE STUDY (15 MINUTES)

Refer the group to their notes on pages 100–109. As time allows, have one member share the **facts** he or she drew from each verse (Step 2). Then have several different members share the following:

- The **lessons** they learned from each verse (Step 3).
- The most meaningful **question** they wrote out in response to Step 4, citing the verse on which the question was based.
- Their outstanding **takeaway** in Step 5.

Spend a few minutes of this time allowing the participants to reflect on what God has taught them during the study. What have they changed in their prayer habits? How have they started to pray their own Daniel Prayers for the people in their world?

VIDEO TEACHING (25 MINUTES)

Watch the teaching video for session 6. Refer the group members to the outline on page 110 and remind them there is space to take notes.

GROUP DISCUSSION (10 MINUTES)

Refer to the Group Discussion questions on page 111 to stimulate discussion on the topics presented during the video teaching. Ask the group members to share any personal encouragement, challenge, or inspiration they received as they watched.

CHOICES ACTIVITY AND WRAPPING UP (10 MINUTES)

Ask group members to think back on how they responded to the passage of Scripture they studied this week and then encourage them to take a few extra minutes to complete the Choices Activity found on pages 111–113 as a way of making sure they are not just “hearers” but “doers” of the Word. If time allows, encourage the group to share their responses. Conclude by asking group members to write out their prayers to God on page 114, focusing on what help they need from God as they battle in prayer. Encourage them to keep studying God’s Word and spending time with the Lord each day in prayer. Then close in prayer yourself.

SIMPLIFIED AND ABBREVIATED BIBLE STUDY TRACK

For this alternate track, your group members will study only a few key verses together, and no weekly homework assignments will be required. At the start of each session, you will lead a short discussion of the facts, lessons, and most meaningful questions they discover from the verses they study. Make sure they pinpoint a takeaway from Step 5. You will then play the video (with the group members taking notes), and discuss the questions listed for this track. Your meeting time will need to be at least **45 minutes** in order to cover all the necessary material in this track.

SESSION 2

SIMPLIFIED STUDY

PREPARING FOR PRAYER



Preview the video for session 2 before your meeting. If possible, read the introduction and chapter 1 of *The Daniel Prayer* for more background information on the teaching covered during the session. Familiarize yourself with the session outline and pray for the participants, asking God to help them as they go through the steps on preparing for prayer.

SESSION OUTLINE (45 MINUTES)

- I. Bible Study: Daniel 6:10 (10 minutes)
- II. Video Teaching (18 minutes)
 - A. A prepared place to pray . . .
 - B. A prepared time to pray . . .
 - C. A prepared atmosphere for prayer . . .
 - D. A prepared attitude for prayer . . .

III. Group Discussion (12 minutes)

- A. What encouraged or challenged you in this study?
- B. What did you learn that was a new thought to you?

IV. Wrapping Up (5 minutes)

BIBLE STUDY (10 MINUTES)

Welcome any new participants, and then refer the group to the Bible study worksheet on pages 118–119. Ask one person to read the passage aloud and share the **facts** he or she can draw from it (Step 2). Then, as a group, discuss the following:

- The **lessons** they can learn from the verse (Step 3).
- The most meaningful **question** they can write out in response to Step 4.
- How they will **respond** to God's Word (Step 5).

VIDEO TEACHING (18 MINUTES)

Watch the teaching video for session 2. Refer the group members to the outline on page 120 and remind them there is space to take notes.

GROUP DISCUSSION (12 MINUTES)

Refer to the Group Discussion questions on page 120. Ask the group members to share any personal encouragement, challenge, or inspiration they received as they watched.

WRAPPING UP (5 MINUTES)

Conclude by asking the group members to consider writing out their prayers to God during the week, expressing their gratitude to the Lord in spite of the challenges or trials they are facing. Close your time together in prayer.

SESSION 3

SIMPLIFIED STUDY

PROMPTING IN PRAYER



Preview the video for session 3 before your meeting. If possible, read chapters 2 and 3 of *The Daniel Prayer* for more background information on the teaching covered during the session. Familiarize yourself with the session outline and pray for the participants, asking God to help them as they go through the steps on being prompted to pray the Daniel Prayer.

SESSION OUTLINE (45 MINUTES)

- I. Bible Study: Daniel 9:2–3 (9 minutes)
- II. Video Teaching (22 minutes)
 - A. Compelled by . . .
 - 1. Problems in the world
 - 2. Promises in God's Word

B. Centered on God . . .

1. Privately
2. Sincerely
3. Desperately
4. Humbly

III. Group Discussion (9 minutes)

- A. What encouraged or challenged you in this study?
- B. What did you learn that was a new thought to you?

IV. Wrapping Up (5 minutes)

BIBLE STUDY (9 MINUTES)

Welcome any new participants, and then refer the group to the Bible study worksheet on pages 124–125. Ask one person to read the passage aloud and share the **facts** he or she can draw from it (Step 2). Then, as a group, discuss the following:

- The **lessons** they can learn from the verse (Step 3).
- The most meaningful **question** they can write out in response to Step 4.
- How they will **respond** to God's Word (Step 5).

VIDEO TEACHING (22 MINUTES)

Watch the teaching video for session 3. Refer the group members to the outline on page 126 and remind them there is space to take notes.

GROUP DISCUSSION (9 MINUTES)

Refer to the Group Discussion questions on page 127. Ask the group members to share any personal encouragement, challenge, or inspiration they received as they watched.

WRAPPING UP (5 MINUTES)

Conclude by asking the group members to consider writing out their prayers to God during the week, focusing on the promises from the Bible that they need to pray back to the Lord. Close your time together in prayer.

SESSION 4

SIMPLIFIED STUDY

PLEADING IN PRAYER



Preview the video for session 4 before your meeting. If possible, read chapters 4–6 of *The Daniel Prayer* for more background information on the teaching covered during the session. Familiarize yourself with the session outline and pray for the participants, asking God to help them as they go through the steps on pleading in prayer.

SESSION OUTLINE (45 MINUTES)

- I. Bible Study: Daniel 9:4–5 (8 minutes)
- II. Video Teaching (25 minutes)
 - A. Pleading with confidence based on your covenant relationship with God . . .
 - B. Pleading with confidence based on God's character . . .
 - 1. God's faithfulness
 - 2. God's righteousness
 - 3. God's goodness
 - 4. God's greatness
 - C. Pleading with contrition . . .

III. Group Discussion (9 minutes)

- A. What encouraged or challenged you in this study?
- B. What did you learn that was a new thought to you?

IV. Wrapping Up (3 minutes)

BIBLE STUDY (8 MINUTES)

Refer the group to the Bible study worksheet on pages 130–131. Ask one person to read the passage aloud and share the **facts** he or she can draw from it (Step 2). Then discuss the following:

- The **lessons** they can learn from the verse (Step 3).
- The most meaningful **question** they can write out in response to Step 4.
- How they will **respond** to God's Word (Step 5).

VIDEO TEACHING (25 MINUTES)

Watch the teaching video for session 4. Refer the group members to the outline on page 132 and remind them there is space to take notes.

GROUP DISCUSSION (9 MINUTES)

Refer to the Group Discussion questions on page 133. Also alert group members to the “List of Sins” mentioned by Anne during the teaching (pages 147–149 of their guides). Ask them to share any personal encouragement, challenge, or inspiration they received as they watched.

WRAPPING UP (3 MINUTES)

Conclude by asking the group members to consider writing out their prayers to God during the week, focusing on what they need to do to plead in prayer. Encourage them to read through the “List of Sins” three times, as suggested in the video. Close your time together in prayer.

SESSION 5

SIMPLIFIED STUDY

PREVAILING IN PRAYER



Preview the video for session 5 before your meeting. If possible, read chapters 7–9 of *The Daniel Prayer* for more background information on the teaching covered during the session. Familiarize yourself with the session outline and pray for the participants, asking God to help them as they go through the steps on prevailing in prayer.

SESSION OUTLINE (45 MINUTES)

- I. Bible Study: Daniel 9:21–23 (10 minutes)
- II. Video Teaching (18 minutes)
 - A. God answers prayer immediately . . .
 - B. God answers prayer ultimately . . .
 - C. God answers prayer specifically . . .
- III. Group Discussion (12 minutes)
 - A. What encouraged or challenged you in this study?
 - B. What did you learn that was a new thought to you?
- IV. Wrapping Up (5 minutes)

BIBLE STUDY (10 MINUTES)

Refer the group to the Bible study worksheet on pages 136–137. Ask one person to read the passage aloud and share the **facts** he or she can draw from it (Step 2). Then discuss the following:

- The **lessons** they can learn from the verse (Step 3).
- The most meaningful **question** they can write out in response to Step 4.
- How they will **respond** to God's Word (Step 5).

VIDEO TEACHING (18 MINUTES)

Watch the teaching video for session 5. Refer the group members to the outline on page 138 and remind them there is space to take notes.

GROUP DISCUSSION (12 MINUTES)

Refer to the Group Discussion questions on page 138. Ask the group members to share any personal encouragement, challenge, or inspiration they received as they watched.

WRAPPING UP (5 MINUTES)

Conclude by asking the group members to consider writing out their prayers to God during the week, focusing on what help they need to do to prevail in prayer. Encourage the group members to keep studying God's Word and spending time with the Lord each day in prayer. Then close in prayer yourself.

SESSION 6

SIMPLIFIED STUDY

BATTLING IN PRAYER



Preview the video for session 6 before your meeting. If possible, read the epilogue of *The Daniel Prayer* for more background information on the teaching covered during the session. Familiarize yourself with the session outline and pray for the participants, asking God to help them as they go through the steps on battling in prayer.

SESSION OUTLINE (45 MINUTES)

- I. Bible Study: Daniel 10:12–13 (8 minutes)
- II. Video Teaching (25 minutes)
 - A. The battle is serious . . .
 - B. Our armor is serious . . .
 - 1. Belt of truth
 - 2. Breastplate of righteousness
 - 3. Sandals of the gospel of peace
 - 4. Shield of faith
 - 5. Helmet of salvation
 - 6. Sword of the spirit
 - 7. Weapon of prayer

- C. The battle is subtle . . .
- D. The battle is spiritual . . .

III. Group Discussion (9 minutes)

- A. What encouraged or challenged you in this study?
- B. What did you learn that was a new thought to you?

IV. Wrapping Up (3 minutes)

BIBLE STUDY (8 MINUTES)

Refer the group to the Bible study worksheet on pages 142–143. Ask one person to read the passage aloud and share the **facts** he or she can draw from it (Step 2). Then discuss the following:

- The **lessons** they can learn from the verse (Step 3).
- The most meaningful **question** they can write out in response to Step 4.
- How they will **respond** to God's Word (Step 5).

VIDEO TEACHING (25 MINUTES)

Watch the teaching video for session 6. Refer the group members to the outline on page 144 and remind them there is space to take notes.

GROUP DISCUSSION (9 MINUTES)

Refer to the Group Discussion questions on page 145. Ask the group members to share any personal encouragement, challenge, or inspiration they received as they watched.

WRAPPING UP (3 MINUTES)

Conclude by asking the group members to consider writing out their prayers to God during the week, focusing on what they need to do as they battle in prayer. Close your time together in prayer.